



Crinkled Cabbage Salad

 APPROX. 8 SERVINGS  12 MIN  TOTAL 20 MIN



Ingredients

1/2	-	Crinkled Cabbage
1	-	Large Carrot Grated
1	Tbs	Nutritional Yeast
2	Tbs.	Sunflower Seeds
1/4	Cup	Cranberries

Directions

1. Cut the cabbage into thin slices and place in a bowl.
2. Add grated carrot, nutritional yeast, sunflower seeds and red cranberries.
3. Add the avocado mayonnaise dressing (avocado) *. Mix all ingredients and enjoy.



NOTES:

* The Avocado dressing recipe can be found in the link on the page above!